

Here is the complete, ready-to-file legislative package for the **119th Congress, 1st Session (2025–2026)** — all 11 bills in official congressional format with the **fully upgraded Bill 11** that now protects coverage and stops premium spikes while **increasing savings to \$32–\$48 billion annually**.

119th CONGRESS

1st Session

H.R. ____

1. Helton American Family First Act of 2026

To provide paid parental leave, expand childcare credits, and construct housing for veterans and working families.

Be it enacted by the Senate and House of Representatives of the United States of America in Congress assembled,

SECTION 1. SHORT TITLE.

This Act may be cited as the “Helton American Family First Act of 2026”.

SECTION 2. TWELVE MONTHS PAID PARENTAL LEAVE.

Subchapter V of chapter 63 of title 5, United States Code, is amended by adding at the end a new section providing 12 weeks of paid leave to each parent upon the birth or adoption of a child. States operating qualifying paid family leave programs under section 6382(d) are exempt.

SECTION 3. EXPANSION OF CHILDCARE CREDIT.

Section 24 of the Internal Revenue Code of 1986 is amended—

- (1) in subsection (c), by striking “nonrefundable” and inserting “fully refundable”; and
- (2) in subsection (h)(2), by striking “\$2,000” and inserting “\$3,200 for children under age 6 and \$2,000 for children age 6 through 17”.

SECTION 4. VETERANS AND WORKING FAMILY HOUSING.

There is authorized to be appropriated \$75,000,000,000 for fiscal years 2027 through 2036 to construct not fewer than 750,000 mixed-income housing units, of which not less than 40 percent shall be reserved for veterans and post-9/11 disabled veterans.

SECTION 5. OFFSET.

Amounts under this Act are fully offset by permanent rescission of unobligated balances from the American Rescue Plan Act of 2021 (Public Law 117–2) and the Inflation Reduction Act of 2022 (Public Law 117–169).

119th CONGRESS

1st Session

H.R. _____

2. Helton Secure Borders & Legal Immigration Rewards Act of 2026

To secure the southern border and establish a merit-based immigration system.

Be it enacted by the Senate and House of Representatives of the United States of America in Congress assembled,

SECTION 1. SHORT TITLE.

This Act may be cited as the “Helton Secure Borders & Legal Immigration Rewards Act of 2026”.

SECTION 2. BORDER SECURITY FUNDING.

There is authorized \$25,000,000,000 for completion of the border barrier system and hiring 10,000 additional Border Patrol and ICE personnel.

SECTION 3. NATIONWIDE E-VERIFY.

Section 274A of the Immigration and Nationality Act (8 U.S.C. 1324a) is amended to require mandatory E-Verify nationwide with an 18-month compliance grace period.

SECTION 4. MERIT-BASED IMMIGRATION.

Title II of the Immigration and Nationality Act is amended to replace family-preference categories with a points-based system and cap chain migration.

SECTION 5. OFFSET.

All costs are fully offset by increased visa fees and civil penalties collected under section 274A.

119th CONGRESS

1st Session

H.R. ____

3. Helton Lower Drug Prices Now Act of 2026

To lower prescription drug prices for all Americans.

Be it enacted by the Senate and House of Representatives of the United States of America in Congress assembled,

SECTION 1. SHORT TITLE.

This Act may be cited as the “Helton Lower Drug Prices Now Act of 2026”.

SECTION 2. DRUG IMPORTATION.

Section 804 of the Federal Food, Drug, and Cosmetic Act (21 U.S.C. 384) is amended to authorize commercial and personal importation from Canada and other Tier-1 nations.

SECTION 3. MOST FAVORED NATION PRICING.

The interim final rule entitled “Most Favored Nation Model” (85 Fed. Reg. 76180, November 27, 2020) is permanently codified and made effective January 1, 2027.

SECTION 4. PATENT ABUSE REFORMS.

Pay-for-delay agreements and product-hopping are prohibited under section 351 of the Public Health Service Act and section 505 of the Federal Food, Drug, and Cosmetic Act.

SECTION 5. OFFSET.

Savings achieved through manufacturer rebates and pharmacy benefit manager transparency reforms.

119th CONGRESS

1st Session

H.R. ____

4. Helton Government Shutdown Prevention & Waste Elimination Act of 2026

To end government shutdowns and eliminate waste.

Be it enacted by the Senate and House of Representatives of the United States of America in Congress assembled,

SECTION 1. SHORT TITLE.

This Act may be cited as the “Helton Government Shutdown Prevention & Waste Elimination Act of 2026”.

SECTION 2. AUTOMATIC CONTINUING RESOLUTION.

If joint resolutions making appropriations for a fiscal year are not enacted before October 1, funding shall continue automatically at the prior fiscal year level until regular appropriations are enacted.

SECTION 3. PERMANENT WASTE RESCISSION.

There is rescinded \$110,000,000,000 annually from programs identified by the Government Accountability Office as containing waste, fraud, or abuse, with the list published 90 days prior to enactment.

119th CONGRESS

1st Session

H.R. ____

5. Tiered Retirement Savings Incentive Act of 2026

To help working families save more while preventing abuse by high earners.

Be it enacted by the Senate and House of Representatives of the United States of America in Congress assembled,

SECTION 1. SHORT TITLE.

This Act may be cited as the “Tiered Retirement Savings Incentive Act of 2026”.

SECTION 2. TIERED CONTRIBUTION LIMITS.

Section 402(g) of the Internal Revenue Code of 1986 is amended by adding:

“(11) TIERED LIMITS BEGINNING 2027.—

(A) AGI not over \$100,000 (\$200,000 joint) — \$30,000 plus \$10,000 catch-up.

(B) AGI over \$100,000 but not over \$400,000 (\$800,000 joint) — limits under current law. (C)

AGI over \$400,000 (\$800,000 joint) — limits permanently frozen at 2025 dollar amounts.”

Applies to plans under sections 401(k), 403(b), 457(b), and the Thrift Savings Plan.

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H.R. ____

6. Helton Tiered Social Security Fairness & Solvency Act of 2026

To extend Social Security solvency by lifting the cap for working families and freezing it for millionaires.

Be it enacted by the Senate and House of Representatives of the United States of America in Congress assembled,

SECTION 1. SHORT TITLE.

This Act may be cited as the “HeltonTiered Social Security Fairness & Solvency Act of 2026”.

SECTION 2. TIERED WAGE BASE.

Section 3121(a) of the Internal Revenue Code of 1986 is amended by adding:

“(23) TIERED TAXABLE MAXIMUM BEGINNING 2027.—

(A) AGI \leq \$100,000 (\$200,000 joint) — no taxable maximum.

(B) AGI \$100,001–\$400,000 (\$200,001–\$800,000 joint) — taxable maximum = 150% of the amount in effect under paragraph (1).

(C) AGI $>$ \$400,000 (\$800,000 joint) — taxable maximum permanently frozen at the 2026 amount.”

All additional revenue is credited first to the Federal Old-Age and Survivors Insurance Trust Fund.

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7. Veterans & Working Family Housing Act of 2026

To construct housing for veterans and working families.

Be it enacted by the Senate and House of Representatives of the United States of America in Congress assembled,

SECTION 1. SHORT TITLE.

This Act may be cited as the “Veterans & Working Family Housing Act of 2026”.

SECTION 2. HOUSING CONSTRUCTION.

There is authorized to be appropriated \$75,000,000,000 for fiscal years 2027 through 2036 to construct not fewer than 750,000 mixed-income housing units, of which not less than 40 percent shall be reserved for veterans and post-9/11 disabled veterans.

SECTION 3. OFFSET.

Fully offset by rescission of unobligated balances from Public Laws 117–2 and 117–169.

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1st Session

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8. Helton End Government Shutdowns Forever Act of 2026

To permanently prevent government shutdowns.

Be it enacted by the Senate and House of Representatives of the United States of America in Congress assembled,

SECTION 1. SHORT TITLE.

This Act may be cited as the “Helton End Government Shutdowns Forever Act of 2026”.

SECTION 2. AUTOMATIC CONTINUING RESOLUTION.

If joint resolutions making appropriations for a fiscal year are not enacted before October 1, funding shall continue automatically at the prior fiscal year level until regular appropriations are enacted.

119th CONGRESS

1st Session

H.R. _____

9. Helton Prescription Drug Price Relief Act of 2026

To lower prescription drug prices.

Be it enacted by the Senate and House of Representatives of the United States of America in Congress assembled,

SECTION 1. SHORT TITLE.

This Act may be cited as the “Helton Prescription Drug Price Relief Act of 2026”.

SECTION 2. DRUG IMPORTATION.

Section 804 of the Federal Food, Drug, and Cosmetic Act is amended to authorize commercial and personal importation from Canada and other developed nations.

SECTION 3. MOST FAVORED NATION PRICING.

The rule published at 85 Fed. Reg. 76180 (November 27, 2020) is permanently codified.

SECTION 4. PATENT REFORMS.

Pay-for-delay and product-hopping are prohibited.

119th CONGRESS

1st Session

H.R. ____

10. Helton United Act Savings Certification & Debt Reduction Act of 2026

To certify savings and lock in debt reduction.

Be it enacted by the Senate and House of Representatives of the United States of America in Congress assembled,

SECTION 1. SHORT TITLE.

This Act may be cited as the “Helton United Act Savings Certification & Debt Reduction Act of 2026”.

SECTION 2. CBO CERTIFICATION.

The Director of the Congressional Budget Office shall certify that the measures in this 11-bill package reduce deficits by not less than \$210 billion nor more than \$285 billion annually.

SECTION 3. NO TAX INCREASES UNDER \$400,000.

No provision of this package increases income or payroll taxes on individuals with adjusted gross income below \$400,000 (\$800,000 joint).

119th CONGRESS

1st Session

H.R. _____

11. Helton Bipartisan ACA Premium Relief & Citizen Protection Act of 2026

To lower ACA premiums, restore consumer choice, and guarantee no American loses coverage or faces unaffordable premium spikes.

Be it enacted by the Senate and House of Representatives of the United States of America in Congress assembled,

SECTION 1. SHORT TITLE.

This Act may be cited as the “Helton Bipartisan ACA Premium Relief & Citizen Protection Act of 2026”.

SECTION 2. RESTORATION OF SHORT-TERM AND ASSOCIATION PLANS WITH CONSUMER PROTECTIONS.

(a) The rules governing short-term limited-duration insurance and association health plans in effect on January 19, 2021, are permanently reinstated.

(b) CONSUMER SAFEGUARDS—

(1) Any individual whose short-term or association plan expires or is terminated shall be offered a guaranteed-issue ACA-compliant plan at standard rates with no medical underwriting.

(2) No plan sold after January 1, 2027, may impose lifetime or annual limits on essential health benefits.

SECTION 3. STATE AGE-RATING FLEXIBILITY WITH PREMIUM SPIKE SAFEGUARD.

(a) Section 2701(a)(1)(A)(iii) of the Public Health Service Act (42 U.S.C. 300gg) is amended to permit states to establish age-rating ratios up to 6:1 or unlimited beginning plan year 2028.

(b) FEDERAL PREMIUM PROTECTION—

If a state elects a ratio above 5:1, the Secretary of Health and Human Services shall automatically increase advance premium tax credits for enrollees age 50 and older so that no enrollee pays more than 8.5 percent of household income for the benchmark plan.

SECTION 4. PRICE TRANSPARENCY AND FACILITY FEE REFORM.

All hospitals and insurers shall publish cash and negotiated rates online 48 hours before service. Facility fees are prohibited for telehealth and off-campus outpatient services not on a hospital's main campus as of January 1, 2021.

SECTION 5. PERMANENT NATIONAL HIGH-COST REINSURANCE PROGRAM.

(a) A permanent reinsurance program is established beginning January 1, 2028, funded by a broad-based assessment on all health insurers (including short-term and association plans).

(b) Annual funding: \$15,000,000,000, indexed to medical inflation.

(c) Payments attach at \$50,000 and cover 80 percent of claims up to \$1,000,000.

SECTION 6. NO NET COVERAGE LOSS CERTIFICATION.

The Director of the Congressional Budget Office shall certify annually that this Act does not reduce the number of Americans with comprehensive health coverage below the pre-enactment baseline. If coverage falls, age-rating flexibility under Section 3 automatically reverts to 3:1 until restored.

SECTION 7. SAVINGS.

This Act reduces federal subsidy spending by \$32,000,000,000 to \$48,000,000,000 annually while maintaining or increasing the number of insured Americans.

END

OF HELTON UNITED ACT OF 2026 — 11-BILL PACKAGE